

# THE ZIP FAST FACTS

## WHAT IS IT?

The Zip is the UK's Longest Zip Wire, with twin cables – go two at a time!

## WHERE IS IT?

The Zip is at Adrenalin Quarry, Menheniot, Nr Liskeard, South East Cornwall PL14 3PJ. It's just off the A38, one of the main arteries into Cornwall and it's Sat Nav friendly, so it's really easy to get to.

## PRICE LIST

1st go: £12.50, 2nd go: £7. Rush Hour: jump before 11am: buy 3, get 1 FREE.  
Text JUMP to 60777 for latest special offers.

Group discounts:

10+ people paying = 2 rides free  
20+ people paying = 5 rides free

(Can't be used with other offers.)

## OPENING TIMES

EASTER TO END SEPT

Open every day from 10am till 6pm.

Special events and night flights in the summer, weather permitting.

OCT TO EASTER

Open most Saturdays, bank holidays and throughout half-terms, 10am till dusk.

# THE ZIP CHEAT SHEET

- The Zip is the UK's Longest Zip Wire.
- It's 490 metres long, 50 metres high and it hurls you over a flooded quarry at 40mph
- Zip wire AKA: deathslides, aerial runways, flying foxes
- One of the only sites in the UK to have twin parallel cables, so, conditions permitting, you can race your mates all the way down
- No need to book. You can just turn up and jump
- However, if you want to book in advance, tickets are available online at [www.adrenalinquarry.co.uk](http://www.adrenalinquarry.co.uk)
- Oldest jumpers: 83-year-olds Gladys and John
- Youngest jumper: 5 years
- Cable thickness: 12mm
- Cable strength: 12 tonnes
- Angle of descent 17°
- No of jumpers in 2009: 15,127
- Anyone can do The Zip – no age limit, no excuses
- Cornwall's no. 1 must-visit attraction for 2010
- Great activity for Stag and Hen weekends – before the drinking starts, of course

## A NICE QUOTE FROM SUZY PERRY

*'I MUST HAVE GONE DOWN 25 TIMES IN ONE DAY, I LOVED IT SO MUCH'*  
SUZY PERRY, THE GADGET SHOW, 2009

## THE WHAT, WHERE, WHEN & HOW OF JUMPING OFF A CLIFF

**Do I have to book The Zip?**

No. Just turn up and sign in. We'll do the rest.

**Can I buy my tickets in advance?**

Yes. Use the new, simple online booking system via our website: [www.adrenalinquarry.co.uk](http://www.adrenalinquarry.co.uk)  
It can save time on the day and we often have exclusive online special offers.

**Is it suitable for children and families?**

Completely. We also have a play park and picnic area for members of the family who prefer keeping their feet on the ground.

**What should I wear?**

Outdoor clothes. No heels, please.

**Do I have to queue for ages?**

20 mins max, but usually much less. With our twin cables even in peak season, we'll have you flying in minutes.

### **Any age restrictions on The Zip?**

No. Last year we had children as young as 5 and ladies of 83 diving down The Zip.

### **What about weight restrictions?**

Minimum weight 25kg, maximum 115kg. However, this can vary in certain conditions, such as high winds. We reserve the right to change the weight limits in the interests of safety.

### **I have a disability. Can I fly down The Zip?**

Yes. We had many people with disabilities jump off The Zip last year, including wheelchair users. Please ring in advance to discuss your needs.

### **Can we get photos/videos of our jump?**

Yes. Here's how: as you jump, keep one hand on the rope, hold your phone/camera in your free hand, hold your arm straight so the lens is looking at you – you can't go wrong. You can get really excellent footage to take away with you as a memory or share with friends. There's some great stuff on youtube – just key in 'adrenalin zip'. There are also loads of photos and videos on our website: [www.adrenalinquarry.co.uk](http://www.adrenalinquarry.co.uk)

## **ADDRESS**

Adrenalin Quarry Ltd  
Lower Clicker Road  
Menheniot  
Nr Liskeard  
Cornwall PL14 3PJ

## **CONTACT**

Will Sneyd, Director, Adrenalin Quarry Ltd  
t. 01579 308 204  
e. [info@adrenalinquarry.co.uk](mailto:info@adrenalinquarry.co.uk)

[www.adrenalinquarry.co.uk](http://www.adrenalinquarry.co.uk)  
smartphone: [www.zipuk.co.uk](http://www.zipuk.co.uk)